



Waterlines

The 39th Annual General Meeting of the Canadian Coast Guard Auxiliary (Newfoundland and Labrador) Inc. was held in September of 2017 at The Wilds in Salmonier. This was held in conjunction with the annual fall training seminar.

Registration for the training seminar was held Friday evening. Saturday morning members availed of a refresher in first aid techniques and Search and Rescue operations. Members were given the opportunity to don immersion suits and enter a life raft. The afternoon saw members travel to the wharf in St. Joseph's to partake in events such as line throwing, dewatering pump operations, and life raft rescue races. Thank you to Andrew and Christine Daley for arranging the tea/coffee and snacks during our afternoon sessions at the wharf. It was a beautiful sunny afternoon with a cool breeze and members enjoyed the afternoon of training.

The banquet and awards ceremony was held Saturday evening at The Wilds. Thank you to all members for your continued involvement and support.

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39th ANNUAL GENERAL MEETING

The 39th Annual General Meeting of the Canadian Coast Guard Auxiliary (NL) Inc. was held on September 29th, 2017 at The Wilds at Salmonier River, NL.

The Canadian Coast Guard Auxiliary was represented by:

Aidan Penton—President, Director District 9
Marcel O'Brien—1st Vice-President, Director District 1
Ross Petten—2nd Vice-President, Director District 8
James Chidley—Secretary/Treasurer, Director District 7
Wesley Snook—Director District 4
Winston Pitcher—Director District 5
Rom Dalton—Director District 6
Eugene Gray—Director District 10

Kelly Doody—CCGA Regional Operations/Business Manager
Karen O'Brien—CCGA Regional Accounting Clerk



The Canadian Coast Guard was represented by:

E. Wade Spurrell
Assistant Commissioner
CCG (Atlantic) Region

Harvey Vardy
A/Superintendent
Maritime SAR
CCG (Atlantic) Region

Mary Pye
Administrative Officer
CCG (Atlantic) Region



Pictured Above (L-R): Eugene Gray, Perry Burton, Aidan Penton. Mr. Burton received his 35 Year Service Award



Pictured Above (L-R): Eugene Gray, Glenn Burton, Aidan Penton. Mr. Burton received his 35 Year Service Award

CCGA (NL) 2017-2018 EXECUTIVE OFFICERS

Aidan Penton—President
Marcel O'Brien—1st Vice President
Ross Petten —2nd Vice President
James Chidley—Secretary/Treasurer

- ♦ The good seaman weathers the storm he cannot avoid, and avoids the storm he cannot weather.
- ♦ A man without a goal is like a ship without a rudder.
- ♦ Ideals are like stars; you will not succeed in touching them with your hands. But like the sailor at sea, you choose them as your guides, and following them you will reach your destiny.

Superstitions: >Losing a hat overboard was an omen that the trip would be a long one.
>Stirring tea with a knife or fork would invite bad luck.



GREETINGS FROM THE PRESIDENT



The Canadian Coast Guard Auxiliary provides a very important and vital service to mariners on our waters and I am proud to be part of such an essential organization. I am pleased to have been re-elected to serve as President of the CCGA (NL) for the 2017/2018 year.

Our membership is made up of 708 persons and 338 privately owned vessels having a value of \$186 million.

Our volunteers continue to complement the Search and Rescue system in our Province.



In September of 2017 we held our 39th Annual General Meeting at The Wilds in Salmonier. In conjunction with the AGM weekend, on Saturday a training seminar was held with classroom and poolside training at The Wilds in the morning and on-water skills sessions held at the wharf in St.

Joseph's in the afternoon. That evening the AGM Banquet was held, during which awards were presented to our members having served 10, 25, and 35 years of service with the CCGA (NL).

As we thank and honour those members who have provided such long-standing service, we also honour those who have passed away this year and offer heartfelt sympathy to the families of those who have lost loved ones.

I would like to thank each of our members for your continued dedication and service to our organization. The CCGA (NL) is built on the commitment of our volunteers.

I wish you all smooth sailing and safety on the water.

Aidan Penton, President
CCGA (NL) Inc.

*Alone we can do so little;
together we can do so
much.
-Helen Keller*



Agger—two consecutive high and low tides that show little range.

Blink— optical phenomenon that looks like a white to pale yellow bright patch in the sky and indicates snow over land (white, 'land-blink' or 'snow blink'), or a large expanse of sea ice (yellowish, 'ice-blink'), in it's direction.

Lolly— new, loose ice.

INSURANCE CLAIMS

It is the responsibility of the CCGA owner - operator to report to your regional Coast Guard Auxiliary Representative any damage or suspected damage incurred to your vessel immediately following the conclusion of a Search and Rescue incident. In addition, if damage occurs during a SAR case, every effort should be made to notify the Joint Rescue Coordination Centre (JRCC) at 1-800-563-2444 of the damage, especially if the safety of the CCGA vessel and its crew is jeopardized. JRCC must be notified so they can monitor the progress of the CCGA vessel to ensure it reaches port safely.

The owner/operator must complete a "Collision, Wreck and Injury" form and submit it to the CCGA Office in St. John's. This form is available on our website at ccga-nl.ca

CSI's

The CCGA (NL) Office in St. John's must have an up-to-date copy of your vessel's Canadian Steamship Inspection (CSI) certificate. All vessels that become delinquent in their CSI's are flagged in the Search and Rescue System and are considered unavailable for tasking.

If your vessel has been flagged and it participates in an incident, you will not be eligible for compensation, and more importantly, your vessel will not be covered by insurance should it incur damages.

You will be notified that your vessel is unavailable for Search and Rescue. Upon receipt of this notification, please forward a copy of your current CSI or notify the office in St. John's of any delays so that your vessel is not removed from the SAR system permanently.



Training Seminar 2017

The 2017 Training Seminar was held at The Wilds at Salmonier River on September 30. A full day of training took place during which members attended refresher courses, learned new skills and honed older skills. The morning consisted of sessions on First Aid and Marine Survival, which also involved donning immersion suits and boarding a life raft in the hotel pool. After lunch, participants travelled to the wharf in St. Joseph's for the afternoon activities. Afternoon sessions included several line throwing activities, a presentation on dewatering pump operations and marine evacuation practice which saw members race to rescue a mannequin overboard!

The Canadian Coast Guard's new Bell 412 Helicopter was also on site and available for viewing. Many members and folks from the community took advantage of this opportunity to have a look at the newest addition to the fleet and have pictures taken onboard.

The 2017 Training Seminar was deemed a success by all who attended!!



Greetings from the Superintendent Maritime Search and Rescue Programs

On behalf of the Search and Rescue Program of the Canadian Coast Guard in the Atlantic Region, I am honoured to bring greetings to all members of the Canadian Coast Guard Auxiliary in Newfoundland and Labrador.

As we approach another busy season on the water around Newfoundland and Labrador, I am comforted to know that the CCGA-NL will also be there, ready and willing to assist fellow mariners when the need arises. The CCG Atlantic Region continues to modernize our resources both at sea and on shore which will enable us to more efficiently and effectively meet the needs of our clients. In 2018, you will see the launch of our new Bay Class Lifeboat in St. Anthony, NL. In 2019, we will see two more new lifeboat stations come on line in Twillingate and Old Perlican. We are very excited about the capacity these new stations will bring to the region. On shore side, we are very happy to be reopening the Maritime Rescue Sub Centre in St. John's in late spring 2018. When the Maritime Rescue Sub Centre comes on line, their emergency contact number will remain 1-800-563-2444. Auxiliary members can also continue to contact their nearest MCTS Centre. In 2018, we will also see the construction of a new Maritime Communications and Traffic services Centre in both Port-Aux-Basques and Placentia.



The number one priority of the Canadian Coast Guard remains the safety of mariners. The Coast Guard, in cooperation with the Department of National Defence, the Canadian Coast Guard Auxiliary and other partners, continues to support fishers, recreational boaters, and the oil and gas industry throughout Newfoundland and Labrador.

In addition to responding to numerous Search and Rescue cases, the auxiliary members have spent many hours training and participating in multi-agency exercises throughout the province. Not only is this training and exercising beneficial to the auxiliary but it provides an opportunity for all partners to hone our SAR skills in preparation for real-time emergencies. The dedication and spirit of the auxiliary was quite evident at the fall training seminar hosted by District 6 in 2017. I eagerly await this year's training seminar which District 3 will host in the fall of 2018.

In closing, I would like to thank each and every auxiliary member for the countless hours you volunteer to help ensure the safety of mariners in our waterways. Equally important, I would like to thank the families of our auxiliary members for supporting their commitment in Search and Rescue.

Kind regards,




Harvey Vardy
Superintendent Maritime Search and Rescue
Canadian Coast Guard Atlantic Region

REMINDER!!


You are not on Authorized Activity unless you have been tasked by the Joint Rescue Co-ordination Centre (JRCC) in Halifax. Upon completion of the Search and Rescue tasking JRCC will issue you your incident number. If you do not receive the proper authorization, you are not entitled to any reimbursement, and more importantly, you are liable for any damage done to your vessel.

Remember to notify the Joint Rescue Coordination Center at **1-800-563-2444** before you proceed to a vessel requiring assistance, and upon returning to port. It is for your own protection.




Fisheries and Oceans
Canada
Canadian Coast Guard

Pêches et Océans
Canada
Garde côtière
canadienne



Air/Sea Search and Rescue
Détresse Aérienne et Maritime

The Joint Rescue Coordination Centre (JRCC) Halifax
Le Centre conjoint de coordination de sauvetage (Cccs) Halifax
Maritimes: 1-800-565-1582
Newfoundland and Labrador: 1-800-563-2444
(Terre-Neuve et Labrador)
International: 902-427-8200



SERVICE AWARDS—2017

The CCGA (NL) Inc. is proud to have presented the following awards at our 39th Annual General Meeting Banquet on September 30, 2017. The continued support and dedication of our members is appreciated and we are honoured to have such long-standing members. Congratulations to all!

10 Year Members

Austin Ropson	District 2
Perry Savoury	District 4
James Daley	District 6
Robert Hiscock	District 8
Paul Squires	District 8
Warren Cooper	District 8
Clifford Cull	District 9
Gary Andrews	District 10
Brendan Martin	District 10
Jordan Bath	District 10
Dwayne Skinner	District 10



25 Year Members

Ricky Gibbons	District 1
Randy Ryan	District 3
Gary Eavis	District 7
Stephen Rowe	District 7
William Porter	District 8
Alonzo Tobin	District 9
Andre Penton	District 9
Anthony Penton	District 9
Martin Tobin	District 9
Rodney Gray	District 9
Sean Penton	District 9
Wayne Collins	District 9
Clayton Roy Ward	District 10
Roy Morey	District 10
Terry King	District 10
Eugene Gray	District 10



35 Year Members

Claude Normore	District 1
Perry Burton	District 10
Glenn Burton	District 10



Canadian Coast Guard Auxiliary

15, 20 and 30 Year Members

The Canadian Coast Guard Auxiliary (NL) Inc. would like to congratulate the following members on their 15, 20 and 30 years of continued dedication and service:

15 Year Members

District 1

- ◆ Chad Strugnell
- ◆ Alton Rumbolt

District 2

- ◆ Murray Lavers
- ◆ Wayne Pittman
- ◆ Lott Ropson
- ◆ Carl Ropson

District 4

- ◆ Donna Cox

District 5

- ◆ Terry Walters
- ◆ Neil Farrell
- ◆ John Farrell
- ◆ James Hackett

District 6

- ◆ Matthew Daley
- ◆ Christine Daley
- ◆ Brian Careen Sr.
- ◆ Michael power
- ◆ Eugene Careen

District 7

- ◆ Elijah Cull
- ◆ Darrell Lewis

District 8

- ◆ David Vardy
- ◆ Donna Vardy
- ◆ Phillip Barrett
- ◆ Dwight Petten
- ◆ James Barrett
- ◆ Harold Glen Butler

District 9

- ◆ Steven White
- ◆ Mitchell Moulard
- ◆ Shawn Lynch

District 10

- ◆ Terry Ryan
- ◆ Randy Randell
- ◆ Neil Ward
- ◆ Jeremy Ryan
- ◆ Gregory Ryan
- ◆ Bobby Noble
- ◆ Glenn Hoffe
- ◆ Rodney Burton
- ◆ Bradley Rideout
- ◆ Maurice Noble



20 Year Members

District 1

- ◆ Shawn Normore
- ◆ Garland Fowler
- ◆ Winston Normore

District 2

- ◆ Garry Randell
- ◆ Glen Andrews
- ◆ Wayne Randell
- ◆ Timothy Kearney
- ◆ Michael Symmonds
- ◆ Glenn Symmonds
- ◆ Craig Symmonds
- ◆ Dean Symmonds

District 4

- ◆ Alex Snook
- ◆ Randell Snook
- ◆ Gary Snook
- ◆ Wesley Snook Jr

District 6

- ◆ Francis King

District 7

- ◆ Roy Alcock
- ◆ Ron Alcock
- ◆ Jeffrey Collett
- ◆ Robert Green

District 8

- ◆ Blair Petten
- ◆ Jason Petten
- ◆ Samuel Oliver
- ◆ Harold Stokes
- ◆ Harry Squires

District 9

- ◆ Randy Hicks
- ◆ Ross Hicks

District 10

- ◆ Kerry Dalley
- ◆ Danny Hoffe
- ◆ Alfred Locke

30 Year Members

District 1

- ◆ Elzear O'Brien

District 3

- ◆ Terry Travers

District 6

- ◆ Roy Careen
- ◆ Roger Collett
- ◆ Joe Collett

District 7

- ◆ Robert Bennett

District 8

- ◆ Gordon McCarthy
- ◆ Melvin Hiscock

District 9

- ◆ John Hann

District 10

- ◆ Fred Saunders

*The ocean stirs the heart,
inspires the imagination
and brings eternal joy to the soul.*



DID YOU KNOW?

An auxiliary vessel MUST be under the command of a member of the Canadian Coast Guard Auxiliary (i.e., owner or alternate skipper) before accepting a tasking from the Joint Rescue Coordination Centre. It is imperative that the JRCC be informed if no qualified Auxiliarist is onboard the vessel at the time of a request for tasking.

Upon acceptance of a vessel into the CCGA, the owner/operator designates an alternate skipper. This skipper is deemed to have the proper qualifications to operate the vessel, in accordance with the rules and regulations set by Transport Canada. If a qualified Canadian Coast Guard Auxiliary skipper is not onboard a vessel at the time of an incident, the tasking must be refused.

If a vessel accepts a tasking without a qualified Auxiliary member onboard, the vessel would not be reimbursed for the incident. More importantly, there would be no insurance coverage if damages were to occur during the prosecution of the incident.



*Pictured above: Atlantic Bluefin Too
owned by Aidan Penton*

Continued Proficiency Endorsement

Every applicant for a continued proficiency must:

- (a) Hold a valid medical certificate
- (b) Fulfill the service requirements of either 12 months, within a 5 year period, service onboard a ship as master or mate in charge of the watch.
- (c) Completed a marine emergency duties course A1

For members holding Fishing Masters or Mates certificates, this means five years from the date of issue on your certificate. Example, date of issue—2003, by 2008 you must show a valid medical (seafarers medical) and qualifying sea time. The sheets for writing up your sea time can be obtained at your nearest Transport Canada Marine Safety office.

Port aux Basques—466-4515 Corner Brook—637-4870
Goose Bay—896-6190 Lewisporte—535-2503
Marystown—279-2201 St. John's—772-6197

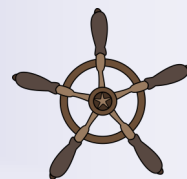
Information taken from TP2293E, Chapter 29

Let Us Know If You:

- ◆ Sell your vessel
- ◆ Change your address or telephone number
- ◆ Remove your vessel from the water
- ◆ Increase the value of your vessel
- ◆ Operate in an area away from your home port
- ◆ Change Alternate Skippers
- ◆ Update your CSI
- ◆ Recertify your first aid

Weatherlore by the Month

- ◆ Fog in January brings a wet spring
- ◆ Fog in February means frost in May
- ◆ When March has April weather, April will have March weather
- ◆ Moist April, clear June
- ◆ In the middle of May comes the tail of winter
- ◆ When it is hottest in June, it will be coldest in the corresponding days of the next February
- ◆ If the 1st of July be rainy weather, it will rain more or less for three weeks together
- ◆ If the first week in August is unusually warm, the winter will be white and long
- ◆ If on September 19th there is a storm from the south, a mild winter may be expected.
- ◆ For every fog in October, a snow in the winter
- ◆ Flowers in bloom late in autumn indicate a bad winter
- ◆ A green Christmas, a white Easter



CCGA BOARD OF DIRECTORS

2017/2018

Each year, as active members of the Canadian Coast Guard Auxiliary (NL), you are asked to vote for a Director to represent your District. The following people were elected by you for 2017/2018:

District 1 -	Marcel O'Brien	927-5540	District 6 -	Rom Dalton	691-7284
District 2 -	Ronald Pittman	866-2505	District 7 -	James Chidley	363-7502
District 3 -	Howard Noel	453-2458	District 8 -	Ross Petten	786-6402
District 4 -	Wesley Snook	885-2422	District 9 -	Aidan Penton	682-2162
District 5 -	Winston Pitcher	891-1150	District 10 -	Eugene Gray	675-2080

REMINDER

Send in Your:

- ⇒ Renewal Form
- ⇒ Voting Form
- ⇒ Incident Report Form



Renewals are forwarded each year in January and are due back by the end of March.

Voting usually occurs in July /August and is conducted by mail-in ballot. Members will not be sent out a second voting form if the first one is misplaced.

Incident Report Forms are due upon the conclusion of a Search and Rescue tasking. Include your incident

Kraken is a giant tentacle ocean monster that sinks ships by dragging them underwater, killing and swallowing marine creatures and humans in its path. It is thought to exist off the coast of Newfoundland though there are stories of similar creatures in Norway, Iceland and Greenland!

AGE EXCLUSIONS

The current CCGA Insurance Policy includes two age exclusions. The first exclusion affects CCGA members aged 65 years or older. Under the insurance policy, CCGA members 65 years or older are not covered if they suffer a Heart or Circulatory Malfunction during any authorized CCGA activity. Basically what this means is that if a Canadian Coast Guard Auxiliary member is 65 years of age or older, there is no Heart or Circulatory Malfunction coverage for them.

The second exclusion is that CCGA members aged 70 years or older are not covered by the Permanent Total Disability Benefit if they should become permanently and totally disabled during any authorized CCGA activity.

It is important to note that these two age exclusions are only for these two benefits and that all members, regardless of age, are insured by the other CCGA insurance coverage's.

In light of these exclusions, it is recommended that all CCGA members 65 or older consider whether they wish to continue participating in authorized Search and Rescue operations or other CCGA activities. As well, it is recommended that these members consult with their doctors to ensure that they are medically fit to participate in Search and Rescue operations and other CCGA activities. Age exclusion forms were sent out to all members 65 or over (in 2018) in February.



On-Water Training

As part of our training program, CCGA (NL) Inc. assists the Department of National Defense with their training program by providing member vessels throughout the Island to take part in On-Water Training with 103 Squadron from Gander. Pictured to the right is the CCGA (NL) vessel Burin Tradition taking part in a training exercise in Burin.

*Smell the sea
Feel the breeze
Hear the ocean
Be at Ease*



Diesel Pumps

In 2015 diesel pumps were distributed to some vessels in each district for use in SAR Incidents.

We have had several back for servicing. Some suggestions were made as the pumps were not in overall good condition:

- Make sure all water is drained from the pump and hoses before storage. Rust is occurring on the frame and mounts which is causing corrosion.
- Check the box in which the pump is housed to make sure there isn't any standing water.
- Check the pump at least twice a year to make sure it is in good working condition.

These pumps could potentially save lives as well as fishing vessels. Make sure your pump is working before an incident occurs....not during.

A SAILOR'S GUIDE

FOR



LIFE

**STAY ANCHORED
LOOK FOR NEW HORIZONS
ASK QUESTIONS WHEN
YOU DON'T KNOW THE ROPES
LET YOUR DREAMS SET SAIL
NO MATTER THE WEATHER
FAMILY IS YOUR SAFE HARBOR
LET YOUR HEART
BE YOUR COMPASS**

*When the lucent skies of morning flush with dawning rose once
more,
And waves of golden glory break adown the sunrise shore,
And o'er the arch of heaven pied films of vapor float.
There's joyance and there's freedom when the fishing boats go
out.*



BEACON REGISTRY

The Canadian Beacon Registry is an integral part of COSPAS-SARSAT, the Search and Rescue satellite system designed to provide distress alert and location data to Search and Rescue authorities.

When a 406 MHz emergency beacon signal is received, Search and Rescue authorities at CMCC can retrieve information from a registration database. This includes beacon owner contact information, emergency contact information, and vessel/aircraft identifying characteristics and equipment. Having this information allows Search and Rescue services to respond appropriately.

It is mandatory for all 406 MHz ELT's (Canadian Aviation Regulations 605.38) and EPIRB's (Ship Station (Radio) Technical Regulations, 1999) to be registered with the Canadian Beacon Registry. Ensuring that your 406 MHz PLB, ELT, or EPIRB is registered, as well as updating the information regularly, will facilitate the task for Search and Rescue personnel in the event of a distress situation.

If you have a registered emergency beacon, **it is important that the information be accurate**. You can add or update your emergency beacon information online, by faxing or e-mailing a completed registration form, or by speaking to a representative. **Registering your beacon helps to eliminate false alarms, which divert Search and Rescue resources away from genuine emergencies.**

Once an expired EPIRB has been replaced, the old EPIRB has to be unregistered and the new one registered. The expired EPIRB should be returned to the place of purchase for proper disposal. If this is not possible, the battery must be removed and the circuit board destroyed.

All Vessel Modifications

You have the responsibility to ensure that equipment and structural modifications do not compromise the freeboard and stability of your vessel, or reduce the suitability of your vessel for the working and environmental conditions it may encounter.

Any modifications must be in compliance with safety standards and the Construction Standards for Small Vessels—TP1332.

Before making alterations to your vessel that may have an impact on vessel tonnage/safety, you should contact your local Transport Canada office. A safety inspector will help you determine whether the proposed modifications are consistent with the construction, equipment, and safety regulations for your vessel's intended area of service.

A Transport Canada inspector will review the suitability of your vessel for the proposed changes. Any changes in the area or type of operation that results in a change in voyage classification will necessitate a re-inspection.

(Taken from TC's Small Commercial Vessel Safety Guide, TP-14070)

First Aid Training

The Marine Personnel Regulations require that, at least one person be designated to provide first aid on board each fishing vessel. This person must hold, at least, a valid Marine Basic First Aid training certificate or a valid first aid certificate from a two-day first aid course recognized by a province or a territory. Please contact the office if your First Aid is expired or has been renewed so that we can update our records.



Corporate Sponsors Training Seminar 2017

The Canadian Coast Guard Auxiliary (NL) Inc. would like to thank all sponsors for the 2017 CCGA (NL) Training Seminar held at The Wilds on September 30, 2017.

For helping to make our training seminar a huge success...

THANK YOU

Mercer's Marine

North Atlantic Marine

Blue Water Marine

East Coast Hydraulics

Delta, St. John's

FFAW

North Atlantic Supplies

PFHCB

Navigator

Fermeuse Off-Loading Services



THE DEVIL'S STAIRWAY

On the Southern Shore, near Cape Broyle Head, there is a sheer cliff that was once the scene of a bizarre incident. A quick-tempered sea captain stranded his boat in there many years ago. In his fit of rage, he cursed the crew and screamed to the devil to take the vessel, cargo, and all hands aboard. Without warning, an unseen force slammed the ship into the top of the cliff and many people believe the devil fulfilled the old captain's desire. For years, timber from the ship was seen atop that same cliff and the devil himself left his footprints on the sheer stone there, etched in the hard cliff wall. Never tempt the devil...



Canadian Coast Guard Auxiliary

Guideline - SAR Volunteer Tax Credit

Search and Rescue Volunteers who perform in excess of 200 'Eligible Hours' in a calendar year are now able to claim a \$3,000 non refundable tax credit on their personal tax return at 15% credit rate such that they would receive \$450 in tax savings.

This credit is available for the 2014 tax year forward.

This credit is non refundable and as such, members need to have taxable income and tax payable in the year to benefit from this credit.

Eligible hours include:

- ⇒ Responding to, and being on call for, Search and Rescue and related emergency calls;
- ⇒ Attending meetings held by the organization; and,
- ⇒ Participating in required training related to Search and Rescue services.

Canadian Coast Guard Auxiliary volunteers are entitled to claim this tax credit. All you have to do is send in to the office the number of days you were at sea for the tax year. This can be obtained from your fishing log. We do not require copies of the log itself, just the number of days you were at sea.

Once we receive this information we will forward you a confirmation letter which confirms that you are an active member of the Coast Guard Auxiliary and have volunteered 'x' number of hours. You can then, in turn, claim the \$3,000.00 towards your non-refundable tax credits. It will reduce your taxes payable and could equate to about a \$450.00 return.

Days and hours at sea qualifies our volunteer members to claim the tax credit as their contact information is listed at the Joint Rescue Coordination Centre in Halifax and members are deemed to be available for Search and Rescue when on the water.

If further information is required, please call the office at the following numbers:-

Direct Line - (709) 772-4428

Toll Free Line - 1-800-563-6158

Email - kelly.doody@ccga-nl.ca

REMINDER



CCGA (NL) Toll Free
1-800-563-6158



CCGA (NL) Fax
(709) 772-4109/4439



JRCC Halifax
1-800-563-2444



THE NEWSLETTER

If you have any news items, stories and/or photographs that you would like published in the newsletter, please send them to:

Editor
Auxiliary Newsletter
c/o CCGA (NL) Inc.
P.O. Box 938, Station "C"
St. John's, NL
A1C 5M3

Or email to: kelly.doody@ccga-nl.ca



What Our Members Have Been Up To



L-R: Ken McDonald, MP for Avalon; Ross Petten, Director, District 8; The Honourable Dominic LeBlanc, Minister of Fisheries, Oceans and the Canadian Coast Guard; Jim Chidley, Director, District 7

Minister Announces New SAR Lifeboat

September 11, 2017

The Government of Canada is investing in new SAR lifeboats to ensure that the Canadian Coast Guard has the equipment they need to keep Canadians and Canadian waterways safe.

The Honourable Dominic LeBlanc, Minister of Fisheries, Oceans and the Canadian Coast Guard, announced today that one of the 20 planned new SAR lifeboats will be named after Conception Bay in Newfoundland and Labrador. This new "Bay" class of boats will all be named after geographical bays across Canada.

The CCGS *Conception Bay* will be stationed in the Atlantic region.

Ross Petten and Jim Chidley attended the Minister's announcement on behalf of the CCGA (NL).



Harvey Vardy, Superintendent Maritime Search and Rescue, Canadian Coast Guard, Atlantic Region and Aidan Penton, President Canadian Coast Guard Auxiliary (NL) pose for a quick picture at the Friday evening Meet and Greet while chatting about the next day's training events.

Remembrance Day 2017



Eugene Gray and his granddaughter, Anna lay a wreath in honour of our veterans.



Eugene, Director District 10 represented the CCGA (NL). Anna was representing her Brownie unit. They were asked to lay a wreath together at the Remembrance Day Ceremony at Hillside Elementary.



F/V Burin Breeze Crew Assists in Two Overnight Rescue Missions

October 25, 2017 (vocm.com)

Ralph Paul and his two-man crew Brian Paul and Steve Caul had an eventful adventure while fishing on the St. Pierre Banks yesterday, onboard the Burin Breeze. They were called on for two rescue missions.

The first was around 6:00 yesterday evening when Ralph Paul and his crew received a mayday from a vessel fishing for sea cucumber about six miles from their location. The Burin Breeze proceeded to the scene and took six members of the crew onboard their vessel. The long liner out of Conne River-Bay d'Espoir had already sunk.

While heading to their home port of Burin around 10:30 last night—with the crew members from the first rescue onboard—they received a second call from Placentia Coast Guard radio saying another vessel, the 'Sharron and Lisa,' was taking on water. Paul says crew aboard that vessel were preparing their life rafts and getting ready to abandon the vessel when the Burin Breeze came alongside at 1:00 a.m.

Paul says they provided the crew with some extra pumps to pump the excess water from the hold and they then proceeded to their home port of St. Lawrence while the Burin Breeze headed home to Burin, arriving around 9:30 this morning.



CCGA (NL) By The Numbers 2017

Members:	708	Vessels:	338	Districts:	10
Incidents Responded to:	61	On-water Training Exercises:	27		
Man Hours for Incidents:	3220	On-water Man Hours Training:	570		
Members Trained in First Aid:	92	Training Seminar Attendees:	31		
First Aid Training Hours:	1472	Total Volunteer Hours:	Over 200,000		

Heartfelt 
THANKS
TO OUR VOLUNTEERS!



Food Poisoning

(Glen Saunders, CCG)

Cross contamination is a fancy name for when bacteria, virus or a toxin of some kind on a galley tool transfers to food via direct contact. The two of the most common galley tools usually tend to be a knife or a cutting board.

If food is eaten and it makes someone sick, it is called food poisoning. There are quite a few steps you can take and habits you can build to help reduce the likelihood of cross-contamination in your galley.

Since dangerous bacteria like salmonella are killed by high heat, the risk of cross-contamination is highest with food that doesn't need to be cooked or cooked with low heat. Special care must be taken when preparing raw or uncooked foods like fruits, lettuce, salad ingredients and even rare meats.

Cross-contamination can happen on a very large scale at processing for instance, or any of the other numerous ways your food can be mishandled as it makes its way to your vessel. This is why, from time to time, there are outbreaks of food poisoning, product recalls, restaurant closures, and the like. Unfortunately, there's not much you can do to protect yourself at that level, other than keeping track of the news and using good sense in deciding which ingredients to purchase.

When it comes to cross-contamination on your vessel, in nearly all cases, it is going to be caused either by your galley knife, your cutting board, or your hands. The knife and cutting board really are the major culprits, though, since almost everything touches your cutting board and the knife. Cutting up food on a cutting board is, after all, a big part of cooking.

Prevention Through Cleanliness

This means that preventing cross-contamination requires frequent washing of hands, utensils, cutting boards, and work surfaces. For instance, if you prep a raw chicken on a cutting board, don't use the same knife and cutting board later to slice tomatoes for the salad without washing the utensils first.

It is also good practice to wash all foods prior to preparation. Even if that bagged salad says it's been washed three times, wash it again anyway. It can't hurt to wash vegetables even if you're planning to peel them, like carrots or potatoes—it is an extra step, but when it comes to preventing cross-contamination, you are better safe than sorry.

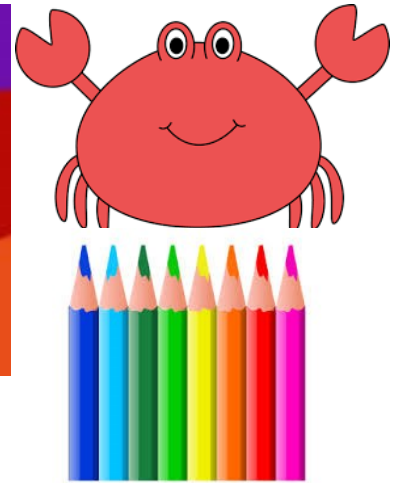
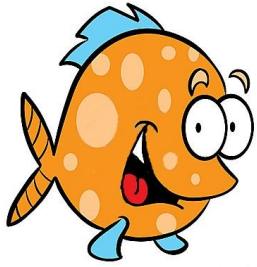
Prevention Through Multiple Utensils

If you don't want to wash the same items several times during the cooking process, then it makes sense to own a set of cutting boards and knives that you can switch out while you are prepping the meal. Color-coded cutting boards are a simple method for keeping bacteria from transferring from one surface to another. Safe and happy cooking...!!

Home Remedies of Newfoundland and Labrador

- ⇒ Skin irritations - Tea brewed from the bark or leaves of the witch hazel tree (also known as the spotted alder and the yellow birch), when applied as a poultice, is believed to speed the healing of burns and soothe skin that's come in contact with stinger nettles. A remedy for sunburn involves pouring milk (at slightly less than room temperature) onto gauze and applying it directly to the affected area. To heal cracked or chafed skin, collect turpentine from pine trees and apply to affected area for rapid healing.
- ⇒ Fever - Steep two teaspoons of elderflower in one cup of water for 15 to 20 minutes. Strain and drink three times a day until the fever breaks.





Hi kids!

It's time for the CCGA (NL) Annual Colouring Contest. The contest is open to the children and grandchildren of Auxiliary members.

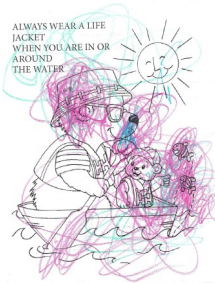
1st and 2nd prizes will be awarded in each of the following age groups:

Up to 4 years 5-6 years 7-8 years 9 and over

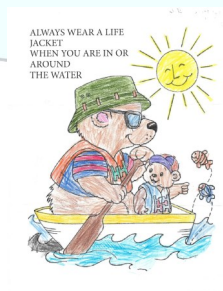
All entries must be received at the CCGA (NL) office in St. John's no later than Friday, July 20, 2018.

Please send your entry to:

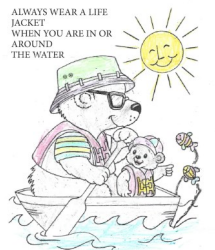
**Colouring Contest
c/o CCGA (NL) Inc.
P.O. Box 938
St. John's, NL A1C 5M3**



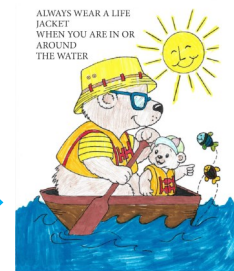
Ava



Liam



Dawson



Makenna

Ages up to 4	1st - Ava Mesher-Burdett 2nd - Jake Troy
Ages 5-6	1st - Liam Gray 2nd - Fenix Sinyard
Ages 7-8	1st - Dawson Collins 2nd - Keegan Park
Ages 9 and over	1st - Makenna Pilgrim 2nd - Jasmine Budden

